

Health service for all school children



For parents

Throughout the school year, the health nurse at the school has health conversations with children and young people about topics relevant to the child's age and developmental stage or topics that the child or parents would like to discuss.

The health nurse also handles health checkups, such as vision and hearing tests, height and weight measurements. There is no known risk of complications in the above tests, and the health nurse does not initiate any treatment.

When your child is called for a health checkup, you will always be informed at Aula about the time and place.

There is always the possibility to contact the health nurse before your child goes for a health checkup.

We would very much like the child's parents to take part in health checkup about the child's well-being at grade 0, and we therefore encourage you to participate in your child's health interviews.

We use electronic questionnaires. The children filling in the forms themselves during school hours before the health checkup. The health nurse thus has the opportunity to prepare for the health conversation. Only the nurse can see the answer to the questionnaire.

The electronic questionnaires provide the opportunity to form health profiles for year groups, school and municipality. The health profiles are used for targeted health efforts, in close collaboration with the school, if necessary.

Contact the health nurse

Both students and parents are always welcome to contact the school's health nurse by phone or at school. Please see contact information at AULA or mail: sonbe@lolland.dk.

A health nurse can also be reached on tel. 54 67 60 50 Monday to Friday from 8.15-9.00 AM

Your child's health journal can be read at sundhedsvejen.dk. You can log in with Mit-ID.

The health nurse offers at school

- In Preschool: a lesson in Washing hands.
 - The health nurse can attend a parent meeting at grade 0.
 - Schooling health check at grade 0; conversation with the child and the parents.
 - Health checkups and basic examinations (vision test, height and weight) at the following grade levels: 0 (hearing test) 1, 3, 5.
- A lesson in Puberty education at grade 5
 - Checkup in grade 8 (vision test, hearing test, height and weight).
 - Grade 9: Health Experimentarium - focus on food, exercise, smoking, alcohol and sexually transmitted diseases

Advice and guidance

Nurses can provide guidance on how to fight infectious diseases, e.g. childhood ulcers. Parents and school can always contact for advice and guidance on general health promotion.

Health service in Lolland

The health service has employed nurses, occupational therapists and physiotherapists.

A health nurse is a trained nurse with a special education. The school's health nurse is in charge of health interviews and basic examinations. It can also be a health nurse student who, upon thorough training, handles health interviews and basic examinations.

The health service is part of an interdisciplinary collaboration with other employees in Lolland Municipality.

Child occupational therapist and physiotherapist

A referral to pediatric occupational therapy and pediatric physiotherapy can, for example, be made on the basis of:

Concerns about the child's behavior, motor skills and senses

- An assessed need for training
- A medically justified need for free

Referral to a pediatric occupational therapist and physiotherapist can be done in collaboration with the school's health nurse.

Updated; August 2024

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